

# SSWAB Trust Kidney Care & Dialysis Centre



# NEWSLETTER

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## *An outline about Dialysis in Pakistan!!*

The incidence of kidney failure in Pakistan is growing and access to kidney replacement therapy is beyond the pocket of common man. Only limited patients; who are financially strong, can afford the high cost of dialysis. The annual costs of dialysis exceed the annual average household income. The cost of a single session of hemodialysis in Pakistan is around Rs. 5000 – 8000. The average price of dialysis per year is Rs. 720,000 – 1,152,000. Pakistan has an estimated population of 212 million while the incidence of end stage renal disease in Pakistan is 100 patients per million; hence approximately 22,000 patients require maintenance dialysis to sustain life in our country. There are so many registered welfare charity organizations that helps in alleviating the sufferings of the poor kidney patients by giving them free consultation, treatment and dialysis and SSWAB Trust Kidney Care & Dialysis Centre is proudly serving as one of them.



## SSWAB FREE SERVICES

Quality Dialysis / includes isolated Dialysis facilities for Hepatitis B Patients	Clinics for Diabetes, Hypertension and Kidney Diseases
Consultant Clinics for Nephrology & Gastroenterology	Lab Testing for Patients
Medicines for Deserving Patients	Ultrasound Facility
Community Health Services (K.E.E.P) Kidney Early Evaluation Program	AV Fistula Surgery and Double Lumen Placement



## SSWAB TRUST KIDNEY CARE & DIALYSIS CENTER

**Passion for Prevention of Kidney Failure,  
Early Diagnosis of Diabetes & High Blood Pressure**



### **Words of honorable Prof. Dr. Waqar H. Kazmi (President SSWAB Trust)**

SSWAB Trust Kidney Care & Dialysis Centre has been serving for 15 years, starting with 7 dialysis machines on Tariq Road, Karachi, and later expanding to 12 machines in Karimabad. In July 2021, we moved to Gulistan-e-Johar with 27 advanced dialysis machines providing free medical services.

Our mission is to prevent kidney failure, offering free treatment for diabetes and blood pressure, including blood tests, ultrasounds, and consultations. Prevention of kidney failure is being run according to KEEP (Kidney Early Evaluation Program). Our focus is mainly on patients with diabetes and high blood pressure who will ultimately develop kidney failure.

For those non-affording patients who have reached Stage 5 CKD, dialysis is provided to them free of cost.



### **Message by Ms. Shehla Ahmed (Executive Director)**

The number of kidney failure patients is rising day by day in our country. The reasons behind this are the various inappropriate eating behaviors and their impact on daily life. The Socio-economic issues like; poverty, unemployment, high rate of inflation, load shedding, lack of education, unavailability of basic health facilities lead to aggravation of diabetes and blood pressure. Diabetes and Hypertension are the main cause of Chronic Kidney Disease.

Focusing on increased number of kidney failure patients, SSWAB Trust Kidney Care & Dialysis Centre is serving less privileged patients under K.E.E.P. (Kidney Early Evaluation Program, since 2009). Renowned Nephrologist & President SSWAB, Prof. Dr. Waqar H Kazmi & his Trustees has presented a gift to the Metropolitan city of Karachi, in the form of SSWAB Trust Kidney Care & Dialysis Centre. The purpose of this Centre is to provide timely healthcare facilities to poor and non-affording patients, suffering from Diabetes, Hypertension & Kidney diseases.

During more than a decade of serving humanity SSWAB trust has grown up gradually from 12 to 28 Hamo-Dialysis machines to provide dialysis, in daily two shifts, FREE of charges. We are serving 700 Kidney failure patients, monthly. During the past one year we have performed around 60 AV Fistula Surgeries and around 350 patients attend OPD on monthly basis.

A qualified, well-trained and dedicated team of doctors, Consultants, Surgeon, Sonologist, Dialysis technicians, nurses and related staff is also available to treat patients



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## SSWAB TRUST EVENTS GALLERY



### First CME for NCR Students at SSWAB Trust



### Medical Camp at Karachi Press Club



### MOU Signing Between SSWAB & Chiniot Youth Forum



### World Hepatitis Day at SSWAB TRUST



### Training Session "Emergency Cardiac Care" by Dr. Amin H. Karim (USA Consultant)



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